

# The Empty Nest: Loss or New Lease on Life?

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# The challenge



Empty-nesters can be a vulnerable group.



The risk:  
We are far too easily pleased.



God wants more for us than  
we want for ourselves.





We can re-write the empty-nest story with God's help.



God uses *everything*  
to teach us.



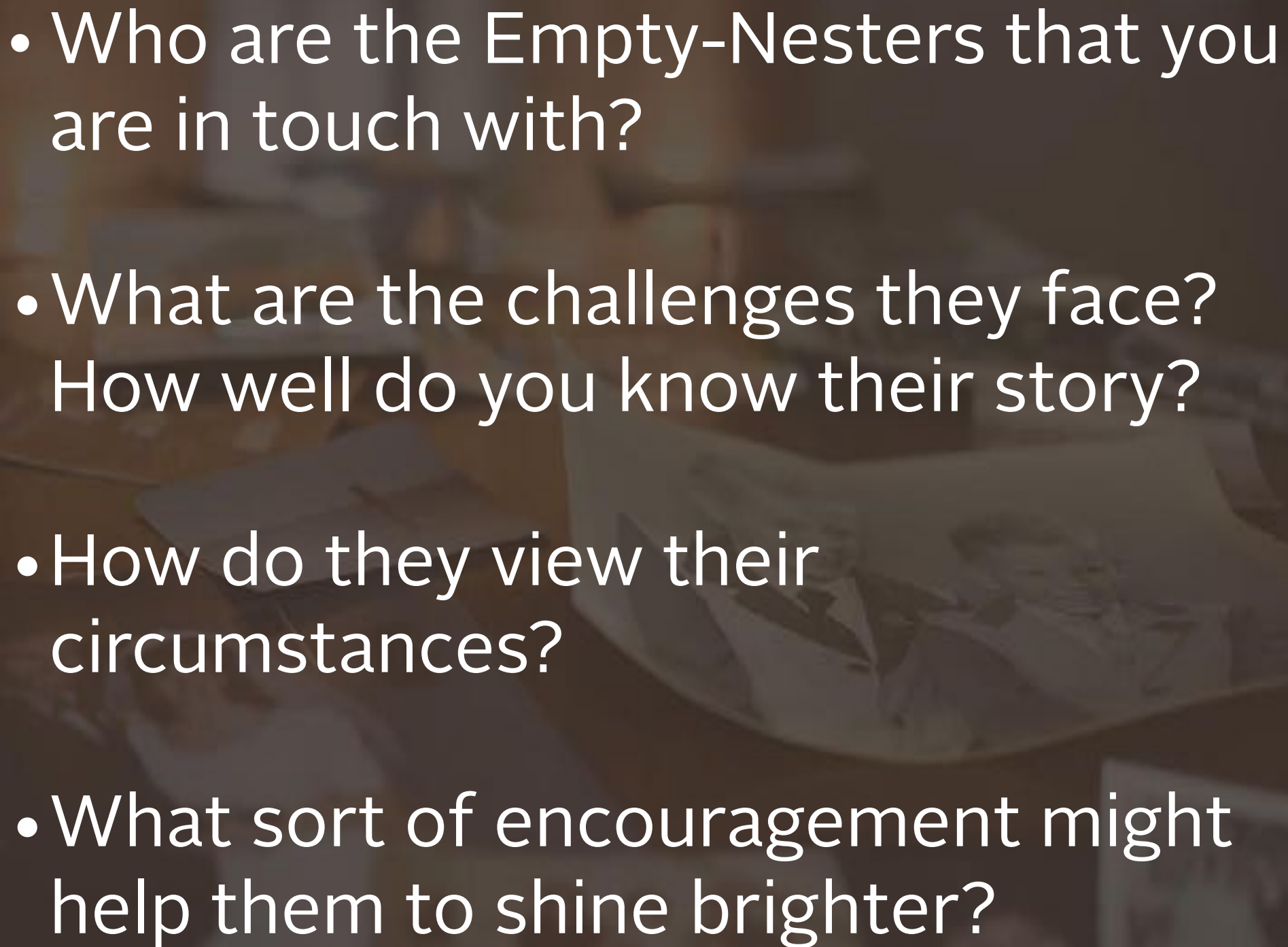
“He who began a good work in you will bring it to completion” (Phil 1:6).





“Shine as lights in the world”  
(Phil 2:15).



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- Who are the Empty-Nesters that you are in touch with?
  - What are the challenges they face? How well do you know their story?
  - How do they view their circumstances?
  - What sort of encouragement might help them to shine brighter?