

1. Comes from observing others

- 1. Comes from observing others
- 2. Natural adrenalin sets in

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II. The Preparation for the Race

- 1. Comes from observing others
- 2. Natural adrenalin sets in

II. The Preparation for the Race

1. Recognize the course

- 1. Comes from observing others
- 2. Natural adrenalin sets in

II. The Preparation for the Race

- 1. Recognize the course
- 2. Remove every hindrance

- 1. Comes from observing others
- 2. Natural adrenalin sets in

II. The Preparation for the Race

- 1. Recognize the course
- 2. Remove every hindrance
- 3. Run according to the rules

- 1. Comes from observing others
- 2. Natural adrenalin sets in

II. The Preparation for the Race

- 1. Recognize the course
- 2. Remove every hindrance
- 3. Run according to the rules

III. Running the Race

II. The Preparation for the Race

- 1. Recognize the course
- 2. Remove every hindrance
- 3. Run according to the rules

III. Running the Race

1. Run with endurance

II. The Preparation for the Race

- 1. Recognize the course
- 2. Remove every hindrance
- 3. Run according to the rules

III. Running the Race

- 1. Run with endurance
- 2. Run with eyes fixed on Jesus