



The Call to Praise Pt. 7

Psalm 34:1-10

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Psalm 34:1-10

- I. Personal Resolve to Praise v. 1**
 - A. In All Circumstances**
 - B. From My Mouth**

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Through Him then, let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that give thanks to His name.

Hebrews 13:15

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 - A. In All Circumstances**
 - B. From My Mouth**
 - C. Rooted In Heart's Posture**
- II. Public Effect of Personal Praise vv. 2b-3**
 - A. Encourages the Humble**

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A. In All Circumstances

B. From My Mouth

C. Rooted In Heart's Posture

II. Public Effect of Personal Praise vv. 2b-3

A. Encourages the Humble

B. Draws a Line Between Those Who Praise and Those Who Don't

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- III. Testimony backing the praise vv. 4-7**
 - A. Problem**

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 - B. Disposition and Action in the Midst of the Problem**

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What keeps us from finding hope and encouragement from this testimony?

- 1. Feel that the weight of our own sin disqualifies us from encouragement from God**

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What keeps us from finding hope and encouragement from this testimony?

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- 2. Too focused on self and what deliverance looks like**

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“Heightened perceptions of bias and discrimination are robustly associated with mental anguish, social strain, and adverse physical outcomes,” according to an examination of the data in American Affairs. “The more people perceive themselves to be surrounded by others who harbor bias or hostility against them, and the more they view their life prospects as hostage to a system that is fundamentally rigged against them, the more likely they become to experience anxiety, depression, [and] psychogenic and psychosomatic health problems.” Janie Cheaney **Put this in English**

- Victim - people against me & makes me sick & depressed
- More care about what others think/culture says, less have coveted individuality
- Since all against me, have no way forward, if these things not true, my life would have been so much better
- Perception of what connected with affects emotions & physical experience
- Social media seems to amplify our voice, emotions and sense of reality so that almost unbelievable
- People falling into these categories place burden of “fixing it” on others
- Lack of purpose & identify from God
- Perhaps created (perception, subjective)

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Psalm 34:1-10

What keeps us from finding hope and encouragement from this testimony?

- 1. Feel that the weight of our own sin disqualifies us from encouragement from God**
- 2. Too focused on self and what deliverance looks like**
- 3. Not willing to do the work to cultivate encouragement from God**

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Psalm 34:1-10

“Meditation is like the lawyer’s studying the case in order to his pleading at the bar: when, therefore, thou hast viewed the promise, and affected thy heart with the riches of it, then fly thee to the throne of grace, and spread it before the Lord.”

William Gurnall

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Want cannot blush. Samuel Rutherford

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**Evening and morning and at noon, I will complain and murmur, And
He will hear my voice. Psalm 55:17**

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**In my distress I called upon the LORD, And cried to my God for help;
He heard my voice out of His temple, And my cry for help before Him
came into His ears. Psalm 18:6**

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**“Like a swallow, like a crane, so I twitter; I moan like a dove; My eyes
look wistfully to the heights; O Lord, I am oppressed, be my security.**

Isaiah 38:14

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“The more we can think upon our Lord and the less upon ourselves, the better. Looking to him, as he is seated upon the right hand of the throne of God, will keep our heads, and especially our hearts, steady when going through the deep waters of affliction.” David Smith

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Psalm 34:1-10

Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Philippians 3:13–14

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Philippians 3:13–14

“There is a goal, and a prize, and an upward call. Do we reach for the prize, or circle around our grievances until they suck us right down the drain?”

Janie Cheaney

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Psalm 34:1-10

“I have sometimes heard of spells and charms to excite love and have wished for them, as a boy, that I might cause others to love me. But how much more do I now wish for some charm which would lead men to love the Saviour. Could I paint a true likeness of him me thinks I should rejoice to hold it up to the view and admiration of all creation, and be hid behind it forever. It would be heaven enough to hear him praised and adored. But I cannot paint him, I cannot describe him, I cannot make others love him. Nay I cannot love him a thousandth part so much as I ought myself. O, for an angel’s tongue, O for the tongues of ten thousand angels to sound his praises.”

Edward Payson in Elizabeth Prentiss ‘More Love to Thee’ p. 7

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Psalm 34:1-10

“I have given you at least two thousand warnings. I am now going to render an account [of] how they were given, and you, my hearers, will soon have to render an account of how they were received. One more warning I will give you.” p. 8

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Psalm 34:1-10

“O what a blessed thing it is to lose one’s will. Since I have lost my will I have found happiness. There can be no such things as disappointment to me, for I have no desires but that God’s will might be accomplished. Christians might avoid much trouble if they would only believe what they profess, viz., that God is able to make them happy without anything but Himself. They imagine that if is such a dear friend were to die, or such and such a blessing removed, they should be miserable, whereas God can make them a thousand times happier without them. To mention my own case, God has been depriving me of one blessing after another, but as every one was removed He has come in a filled up its place, and now, when I am a cripple and unable to move, I am happier than ever I was in my life before or expected to be, and if I had believed this twenty years ago I might have been spared much anxiety.” p. 9

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“The celestial city is full in my view. Its glories beam upon me, its breezes fan me, its odours are wafted to me, its sounds strike upon my ear, and its spirit is breathed into my heart. Nothing separates me from it but the river of death, which now appears as an insignificant rill, that may be crossed at a single step whenever God shall give permission. The Sun of Righteousness has been gradually drawing nearer and nearer, appearing larger and brighter as he approached, and now he fills the whole hemisphere, pouring forth a flood of glory in which I seem to float like an insect in the beams of the sun, exalting yet almost trembling while I gaze on this excessive brightness, and wonder why God should deign thus to shine upon a sinful worm. A single heart and a single tongue seem altogether inadequate to my wants: I want a whole heart for every separate emotion and whole tongue to express that emotion.”

pp. 9-10

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What are you thinking as you listen to an example of one with the disposition of the psalmist?

- We have a rich heritage of fellow believers that we would do well to study
- If we don't "enjoy" God ourselves, we have less to give
- Praise requires surrendering personal will to God – give freedom to fulfill God's call to action
- Trust allows us to be able to see God's blessing – continue with Him rather than waiting for Him to prove Himself again
- Didn't allow possible trials in future to diminish praise for God's blessings Now
- Look beyond and continue

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- IV. Continued Appeal to Join in Praise vv. 8-10**
 - A. Desirable Results for Those Who Follow My Testimony to God**

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Psalm 34:1-10

What accompanies these feelings/experiences in vv. 8-9 that we must include if we would hope to experience the goodness of the Lord and join the psalmist in praise?

- Security – takes refuge
- We must be active - Taste and see
- The Fear of the Lord
- Action in line with fear of the Lord will be rewarded
- The Lord is Good
- Act in line with learning of His goodness
- Saints – ongoing relationship
- All good secure etc. from looking to the Lord

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Psalm 34:1-10

Where does God say He is seen that we might overlook? What is required to see Him there?

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Psalm 34:1-10

What is included in biblical fear?

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“There is nothing more unfriendly to true piety than its degenerating into irreverence and familiarity with God.” W. S. Plumer What does irreverence and familiarity with God include?

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Psalm 34:1-10

“They devour the gifts of God without relishing them, or through a vitiated loathing ungratefully conceal them.”

John Calvin

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Psalm 34:1-10

Therefore, putting aside all malice and all deceit and hypocrisy and envy and all slander, 2 like newborn babies, long for the pure milk of the word, so that by it you may grow in respect to salvation, 3 if you have **tasted** the kindness of the Lord. 4 And coming to Him as to a living stone which has been rejected by men, but is choice and precious in the sight of God, 5 you also, as living stones, are being built up as a spiritual house for a holy priesthood, to offer up spiritual sacrifices acceptable to God through Jesus Christ.

1 Peter 2:1–5

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What accompanies tasting in this passage?

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For in the case of those who have once been enlightened and have tasted of the heavenly gift and have been made partakers of the Holy Spirit, 5 and have tasted the good word of God and the powers of the age to come, 6 and then have fallen away, it is impossible to renew them again to repentance, since they again crucify to themselves the Son of God and put Him to open shame.

Hebrews 6:4–6

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Psalm 34:1-10

“There are some things, especially in the depths of the religious life, which can only be understood by being experienced, and which even then are incapable of being adequately embodied in words. ‘O taste and see that the Lord is good.’ The enjoyment must come before the illumination; or rather the enjoyment is the illumination. There are things that must be loved before we can know them to be worthy of our love; things to be believed before we can understand them to be worthy of belief. And even after this—after we are conscious of a distinct apprehension of some spiritual truth, we can only, perhaps, answer, if required to explain it, in the words of the philosopher to whom the question was put, ‘What is God?’ ‘I know, if I am not asked.’” Thomas Binney

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What does this quote tell us about tasting/seeing/fearing—about the nature of saving faith?

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