# Restoring Hearts to Scripture

Reconnecting with God's words after they were used to hurt

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# Stories of hurt



It is important that we gently reengage wounded hearts with God's Word in ways that heal and restore hope.

- 1. Give people words
- 2. Honor their wounds
- 3. Showcase the gentleness of Jesus

# Capturing the story What happened?

Talked at
Earnest errors
Compounding suffering
Dispensing detached truth
Oppressive use of Scripture

He heals the brokenhearted & binds up their wounds.

### Honoring wounds

Wounds are tender

Learn: size, depth & shape

Allow expressions of pain

Twelve tendencies

Oppression obscures who God is

Psalm 147:3

Jesus' invitation

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

Matthew 11:28-30

#### Gentle & meek

## Jesus' gentleness

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Jesus with Peter
  (Luke 22:32 & Mark 16:7)
Jesus on the Cross
  (John 19:25-27 & Luke 23:34)
Samaritan, hemorrhaging &
adulterous women
Outcasts, sinners, suffering
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#### Embody Scripture

### Our gentleness

With all lowliness and gentleness, with longsuffering, bearing with one another in love (Eph 4:2)

Paul: Be gentle in representing Jesus

(Gal 4:1, 1 Cor 4:21, 2 Cor 10:1)

#### Resources

- Suffering and the Heart of God: How Trauma
   Destroys and Christ Restores by Diane Langberg.
- The Subtle Power of Spiritual Abuse: Recognizing and Escaping Spiritual Manipulation and False Spiritual Authority Within the Church by David Johnson and Jeff VanVonderen
- Shame Interrupted by Ed Welch
- Exposing Spiritual Abuse by Mike Fehlauer
- Spiritual Abuse: Religion at Its Worst by June Hunt
- Spiritual Abuse Recovery: Dynamic Research on Finding a Place of Wholeness by Barbara M.
   Orlowski
- Faith That Hurts, Faith That Heals/Understanding the Fine Line Between Healthy Faith and Spiritual Abuse by Stephen Arterburn and Jack Felton
- Reformed "Spotlight": What is Spiritual Abuse? |
   HeadHeartHand Blog by David Murray
- <u>Domestic Abuse</u> by Darby Strickland