

“REST: NOW AND THEN”

HEBREWS 4:1-11



I. God's Sabbath Rest – v.4



I. God's Sabbath Rest – v.4

1. Upon God's work of creation



I. God's Sabbath Rest – v.4

1. Upon God's work of creation

2. God's rest is not needed

I. God's Sabbath Rest – v.4

1. Upon God's work of creation
 2. God's rest is not needed
 3. Sabbath Rest
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I. God's Sabbath Rest – v.4

1. Upon God's work of creation
 2. God's rest is not needed
 3. Sabbath Rest
 4. God's type of rest
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I. God's Sabbath Rest – v.4

1. Upon God's work of creation
 2. God's rest is not needed
 3. Sabbath Rest
 4. God's type of rest
-

II. Israel's Canaan Rest – v.3b



I. God's Sabbath Rest – v.4

1. Upon God's work of creation
 2. God's rest is not needed
 3. Sabbath Rest
 4. God's type of rest
-

II. Israel's Canaan Rest – v.3b

1. The Land was a promised rest

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1. Upon God's work of creation
 2. God's rest is not needed
 3. Sabbath Rest
 4. God's type of rest
-

II. Israel's Canaan Rest – v.3b

1. The Land was a promised rest
2. For Israel



I. God’s Sabbath Rest – v.4

II. Israel’s Canaan Rest – v.3b

1. The Land was a promised rest

2. For Israel

III. Salvation Rest – v.3a, 10



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1. The Land was a promised rest
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III. Salvation Rest – v.3a, 10

1. Likened to Sabbath Rest



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1. The Land was a promised rest
2. For Israel

III. Salvation Rest – v.3a, 10

1. Likened to Sabbath Rest
2. This is obtained by faith



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1. The Land was a promised rest
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III. Salvation Rest – v.3a, 10

1. Likened to Sabbath Rest
2. This is obtained by faith
3. This rest comes by way of invitation



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III. Salvation Rest – v.3a, 10

1. Likened to Sabbath Rest
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3. This rest comes by way of invitation
4. This rest is secure



I. God’s Sabbath Rest – v.4

II. Israel’s Canaan Rest – v.3b

III. Salvation Rest – v.3a, 10

1. Likened to Sabbath Rest
2. This is obtained by faith
3. This rest comes by way of invitation
4. This rest is secure

IV. Overcomer’s Rest – v.11



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III. Salvation Rest – v.3a, 10

IV. Overcomer’s Rest – v.11

1. Canaan is a type of this rest



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III. Salvation Rest – v.3a, 10

IV. Overcomer's Rest – v.11

1. Canaan is a type of this rest
2. It is to be ours as we live day to day



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III. Salvation Rest – v.3a, 10

IV. Overcomer’s Rest – v.11

1. Canaan is a type of this rest
2. It is to be ours as we live day to day
3. There are fruits to be enjoyed



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1. Canaan is a type of this rest
2. It is to be ours as we live day to day
3. There are fruits to be enjoyed

V. Eternal Rest - v.9



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V. Eternal Rest - v.9

1. This still remains

